

Success Strategies of the Proverbs Woman



Workbook & Journal

Discover Your Successful Path

When we examine this biblical ideal of womanhood according to the example of the Proverbs 31 Woman, we find something different from what so many teach on - the stereotyped housewife occupied with dirty dishes and laundry, her daily life dictated by the demands of her husband and her children. Nor do we find a hardened, overly ambitious career woman who leaves her family to take care of themselves.

What we do find, however, is a strong, dignified, multi-talented, caring woman who is an individual in her own right. This woman has money to invest, servants to look after and real estate to manage. She is her husband's partner, her children's' nurturer and teacher, and she is completely trusted with the responsibility for the family's lands, property and goods.

She has the business skills to buy and sell in the market, along with the heartfelt sensitivity and compassion to care for and fulfill the needs of people who are less fortunate. With pleasure and vigor she tackles the challenges each day brings. Her husband and children love and respect her for her kind, generous and caring nature.

Her success is obvious. The key to her successful path is even more obvious.

With all her responsibilities, first and foremost, she looks to God. Her primary concern is God's will in her life. She is a woman after God's own heart. Let's examine the characteristics of this remarkable woman — a role model for all Christian women today.

You do not have to be a wife or mother to learn a lesson about your business from this awesome woman of God. It's not necessary that you run your own company either. There is not a woman on this Earth who can't learn something from this upright, successful woman.

Let's start with an overview of the 10 qualities that make up the Proverbs woman and make her successful in life and business.

The 10 Virtues of the Proverbs Woman

1. Faith - A Virtuous Woman serves God with all of her heart, mind, and soul. She seeks His will for her life and follows His ways. (Proverbs 31: 26, Proverbs 31: 29 – 31, Matthew 22: 37, John 14: 15, Psalm 119: 15)

2. Marriage – A Virtuous Woman respects her husband. She does him good all the days of her life. She is trustworthy and a helpmeet. (Proverbs 31: 11- 12, Proverbs 31: 23, Proverbs 31: 28, 1 Peter 3, Ephesians 5, Genesis 2: 18)

3. Mothering - A Virtuous Woman teaches her children the ways of her Father in heaven. She nurtures her children with the love of Christ, disciplines them with care and wisdom, and trains them in the way they should go. (Proverbs 31: 28, Proverbs 31: 26, Proverbs 22: 6, Deuteronomy 6, Luke 18: 16)

4. Health – A Virtuous Woman cares for her body. She prepares healthy food for her family. (Proverbs 31: 14 – 15, Proverbs 31: 17, 1 Corinthians 6: 19, Genesis 1: 29, Daniel 1, Leviticus 11)

5. Service - A Virtuous Woman serves her husband, her family, her friends, and her neighbors with a gentle and loving spirit. She is charitable. (Proverbs 31: 12, Proverbs 31: 15, Proverbs 31: 20, 1 Corinthians 13: 13)

6. Finances - A Virtuous Woman seeks her husband's approval before making purchases and spends money wisely. She is careful to purchase quality items which her family needs. (Proverbs 31: 14, Proverbs 31: 16, Proverbs 31: 18, 1 Timothy 6: 10, Ephesians 5: 23, Deuteronomy 14: 22, Numbers 18: 26)

7. Production – A Virtuous Woman works willingly with her hands. She sings praises to God and does not grumble while completing her tasks. (Proverbs 31: 13, Proverbs 31: 16, Proverbs 31: 24, Proverbs 31: 31, Philippians 2: 14)

8. Homemaking – A Virtuous Woman is a homemaker. She creates an inviting atmosphere of warmth and love for her family and guests. She uses hospitality to minister to those around her. (Proverbs 31: 15, Proverbs 31: 20 – 22, Proverbs 31: 27, Titus 2: 5, 1 Peter 4: 9, Hebrews 13: 2)

9. Time - A Virtuous Woman uses her time wisely. She works diligently to complete her daily tasks. She does not spend time dwelling on those things that do not please the Lord. (Proverbs 31: 13, Proverbs 31: 19, Proverbs 31: 27, Ecclesiastes 3, Proverbs 16: 9, Philippians 4:8)

10. Beauty – A Virtuous Woman is a woman of worth and beauty. She has the inner beauty that only comes from Christ. She uses her creativity and sense of style to create beauty in her life and the lives of her loved ones. (Proverbs 31: 10, Proverbs 31: 21 – 22, Proverbs 31: 24 -25, Isaiah 61: 10, 1 Timothy 2: 9, 1 Peter 3: 1 – 6)

List of Common Virtues

Acceptance	Discipline	Joyfulness	Responsibility
Accountability	Eloquence	Justice	Restraint
Ambition	Empathy	Kindness	Reverence
Assertiveness	Enthusiasm	Knowledge	Righteousness
Beauty	Excellence	Liberality	Selflessness
Benevolence	Faith	Love	Self-sacrifice
Bravery	Faithfulness	Loyalty	Service
Caring	Flexibility	Magnanimity	Sensitivity
Charity	Focus	Meekness	Silence
Chastity	Forbearance	Mercy	Simplicity
Caution	Forgiveness	Moderation	Sincerity
Cleanliness	Fortitude	Modesty	Sobriety
Commitment	Friendliness	Obedience	Spontaneity
Compassion	Frugality	Openness	Steadfastness
Confidence	Generosity	Orderliness	Strength
Consideration	Gentleness	Patience	Tact
Contentment	Grace	Peace	Temperance
Cooperation	Gratitude	Perseverance	Thankfulness
Courage	Helpfulness	Persistence	Tolerance
Courtesy	Honesty	Piety	Tranquility
Creativity	Honor	Prudence	Trust
Curiosity	Hope	Punctuality	Trustworthiness
Dependability	Humbleness	Purity	Truthfulness
Determination	Humility	Purposefulness	Vitality
Devotion	Humor	Reliability	Wisdom
Diligence	Integrity	Resoluteness	
Discernment	Impartiality	Resourcefulness	
Discretion	Innocence	Respect	

Choose three virtues you feel you demonstrate on a daily basis?

1. _____ 2. _____ 3. _____

What three virtues do you want to demonstrate on a daily basis?

1. _____ 2. _____ 3. _____

Make Success Relevant

Tip: Make the word “SUCCESS” a part of your daily self-talk!

Success Self-Reflections:

Do you consider yourself successful? Why or why not?

What obstacles stand in your way of true success?

Have you considered what you have to offer the world?

Do you suffer from a fear of success?

Many work at home women do. They have been so into their home lives and giving out to others that they miss the value of finding their own, individual path to success. This leads to a life of vicarious living as a result of your always giving and never truly receiving or living out your dreams.

Vicarious living is not true living.

God created us each with a passionate purpose. This means you can't force others to live out the areas of your life that you've given up. While it might work for a little while, it won't last because your purpose is not their purpose. You won't be fulfilled until you start living in your own personal purpose and likewise with them.

Have you found your personal, passionate purpose?

The Proverbs Woman did!

Questions to Ponder

1. *What emotions keep you from finding your true success? Is it anger, distrust, disgust?*

2. *How do those emotions keep you from succeeding?*

3. *What does your inner self talk say about your success?*

4. *Write down 3 positive affirming statements about your success.*

1. _____
2. _____
3. _____

Connecting Success to Your Spirit

Tip: Discover Success by Connecting to the Holy Spirit

Then he said to me, "This is what the LORD says to Zerubbabel: It is not by force nor by strength, but by my Spirit, says the LORD of Heaven's Armies. So just how do we get our spirits in order. (Zechariah 4:6)

God wants you to have success. But, you are powerless to accomplish it on your own.

Only by receiving the Holy Spirit will you truly find success. The Spirit of God is your success catalyst. He will guide you towards what you need to follow your success path! He will help you to exercise the Fruit of the Spirit within you, and even give you access to spiritual gifts hand-picked to line up with your successful destiny.

Only by connecting with His Holy Spirit in an out of the ordinary way and taking our relationship with Him to a deeper more meaningful level will we be able to truly connect and walk our success path. It is through the power of the Holy Spirit that you will be able to become who God truly intended.

Questions to Ponder

1. *I want my spirit to connect to the Holy Spirit because*

2. *My emotional state blocks my ability to connect to the Holy Spirit because*

3. *If my mindset reality is warped then my connection to the Holy Spirit is warped because*

Body & Mind Success Connection

A healthy body is a well fed body. A well fed body is nurtured with the proper nutrients for optimum performance.

The Proverbs Woman was likely a woman with a healthy body. She had to be in order to be as successful as she was. Success and health truly do go hand in hand.

She is energetic and strong, a hard worker. (Proverbs 31:17)

She looketh well to the ways of her household, and eateth not the bread of idleness. (Proverbs 31:27 KJV)

To be energetic and strong and not idle is more than a state of mind. It is a state of action. You have to move. You have to give your body what it deserves. It does not deserve junk food, processed diseased meals, or a 6 pack of soda a day. It does not deserve to be inactive.

Your body deserves and needs exercise, good for you food and care. Without the three, you will not have the ability to be energetic, strong, and focused to function at your full potential.

Questions to Ponder

1. I do or do not believe that keeping my body is important to my success. Why is it important? Why isn't it important?

2. There are times when I feel _____, and this blocks my ability to care for my body properly. When you begin to recognize these feelings, what will you do to change your thinking? Study the word, eat better, walk when you don't feel like it.

3. *How will I improve the way I feel about my body and my health?*

Your journey to success starts inside of you. Dig a little deeper to find the success God has planned for you and once you find it, stay the course!

"But he who endures to the end will be saved." (Matthew 24:13)

Stick with it and see it through!

GOD BLESS AND THE BEST OF SUCCESS TO YOU!